

DR. MATHIE'S 20-MINUTE WARMUP

(* USE THESE FOR THE 5-MINUTE VERSION)

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BEGINNING NOTES: EASY LONG TONES, USING AS MUCH AIR AS POSSIBLE

*  Musical staff with bass clef, C-clef, and a series of eighth notes with slurs and breath marks.

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FIRST LONG TONES: PLAY AS SLOWLY AS POSSIBLE DOWN TO LOW "F"

*  Musical staff with bass clef, C-clef, and a series of long notes with slurs and breath marks.

 Musical staff with bass clef, C-clef, and a series of eighth notes with slurs and breath marks.

 Musical staff with bass clef, C-clef, and a series of eighth notes with slurs and breath marks.

*  Musical staff with bass clef, C-clef, and a series of eighth notes with slurs and breath marks.

LIP SLURS

*  Musical staff with bass clef, C-clef, and a series of long notes with slurs and breath marks.

*  Musical staff with bass clef, C-clef, and a series of long notes with slurs and breath marks.

 Musical staff with bass clef, C-clef, and a series of long notes with slurs and breath marks.

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TONGUING: DO SINGLE TONGUE FIRST, THEN REPEAT USING DOUBLE TONGUE AT THE SAME SPEED

MORE LONG TONES: PLAY AS SLOWLY AS POSSIBLE DOWN TO "LOW B FLAT"

SCALES: PLAY THE TWO PATTERNS BELOW IN ALL 12 KEYS

WARM-DOWN